

# Soul Motion Apprentice / Teacher Program

## Overview - Information sheet

### Beginning steps to take

1. First **read the program** outline on the website (can request current information via pdf)
2. **Meet with kate-marie** share about ourselves, ask questions about the program, requirements, process, finances etc. A co reflective catch up on "is this a good fit"?
3. **Kate-marie will then email** cost sheet, links for registration form, commitment agreement, any further details requested.
4. Email kate-marie with **any ongoing questions** if needed until ready to step into the program.
5. **Submit the registration and commitment letter** as the official step of beginning the program.
6. Kate-marie will **confirm your registration** and create a financial agreement. To be completed before commencing. (All personal variations will be outline within the registration form and payment agreement).
7. **Agree on a starting date** (This will likely be an online practice session) and when the initial 3-month start-up period will begin. All communication admin to be set up and given access to resource page
8. **Organise first mentoring session** (this can occur prior to the online practice session)
9. **Begin the journey**, meet the other apprentices and dance the steps towards becoming a teaching of the Soul Motion Practice.

## The committed path – a rough guide

### Previous experience highly recommended prior to applying:

- Participation in Soul Motion classes or workshops
- Exploration of other somatic based practices whether that be dance or any body-based modality

### Participants new to the work need to complete the following before self-reflecting and assessing their readiness for certification:

- The **completion of an initial registration**, a commitment letter and agreement of payment is required.
- Complete an initial **3 month start up period** (includes 6 continuous practice sessions and 1:1 with kate-marie to plan and create the pearl project)
- A minimum total of **20 online practice sessions**
- Be **committed to a minimum of 1 practice session per month** to be considered part of the apprentice program. This is only after the first 3 month start up commitment and after 6 consecutive sessions.
- **Completed a pearl presentation** of your embodiment of the work.
- Attended a minimum of **2 in-person immersions**
- Have **regular contact with mentors** along the way
- **Practise offering the work** within your community (online or in person)
- Continue to attend any online or in person Soul Motion classes or workshops
- Actively participate and learn from **other teachings that align** specifically with your growth, curiosity and leadership path.

## A brief overview of each touchstone of the program

### You will discover your "I am" by:

To begin, we develop and co create a **personalised map** that identifies the ground you are already standing on, as well as where you might wish to go with the work.

- **Committing to an initial 3 month start up process with personal 1:1 time to plan, develop and assess wants, hopes and dreams** of how you wish to be held and supported along this journey. This also includes the **first 6 online practice sessions** - which are to be taken consecutively.
- **Personal mentoring** and support as much as needed outside of the practice sessions.
- **Establishing a Pearl Project** – a deeper enquiry for embodiment and ability to work with your inner muse. Learning how you are a source of inspiration from your everyday living and sharing your discoveries
- Support to find and organise **mentors for your journey ahead**

### You will dialogue and commune with others by:

Attending **regular online practise sessions**, allows you to practice, deepen and be supported by a community of fellow apprentices. This space offers both skill and knowledge development and lots of opportunity to practice leading and teaching.

- **Ongoing support and mentoring with** kate-marie and other Soul Motion leaders
- **Monthly practice sessions (online)** – 3 hours each (*No sessions in December or beginning of January*) & (*other sessional times may be offered – maximum attendance of 2 sessions per month only*)

**Current sessional times are;**

- **Second Saturday of the month** 10am – 1pm (ACST)
- **Fourth Thursday of the month** 5 – 8pm (ACST)
- **Visiting Soul Motion teachers** to assist and behold in the practice sessions
- Opportunity for **Peer-to-Peer support between sessions**

## You develop your connection with community through:

Throughout this program apprentices will be introduced and supported by a diverse range of both Soul Motion teachers, as well as other leaders from further afield.

- **7 day in-person Apprentice Immersions**

These immersions will be residential and non-residential with various locations chosen in consultation with apprentices. Invited International teachers will attend mainly online and will be set up as hybrid sessions. This is to reduce cost and environmental impact.

- **May 3 - 9 (2026) – Aldinga Eco Village (Adelaide, SA) (non-residential)**
- **October 17 - 23 (2026) - Origins Centre (Balingup, WA) (Residential)**
  
- **May (2027) – Dates & location TBA**
- **October / November (2027) – Dates & Location TBA**

- **Soul Motion Community Gathering 2027 (Dates and location TBC)**

In addition, Apprentices will be invited to co-create a Soul motion community dance gathering. This community event is an opportunity for all who attend to experience the work in all its evolutions, forms and echoed inspiration from a rich field of various leaders and teachers of the practice.

## You continue to grow and build the work as your own by:

As an ongoing teacher and leader of this work you are continually welcomed into the practice space as you support and lead others along their journey in the Australasian and Pacific region

- **Self-assessing and reflecting** after completing the minimum requirements and consider whether you are ready for completion and certification.
- Continually attend any part of the program and **continue to be part of the ever growing community** of Soul Motion leaders in the Australasia & Pacific region.
- Be part of an ever growing and evolving **alumni of international Soul Motion leaders & teachers**